

Practitioner: ned

Technician: ned



Patient Name: test

Test Date: 07/11/2005

Address:

Test ID: 74

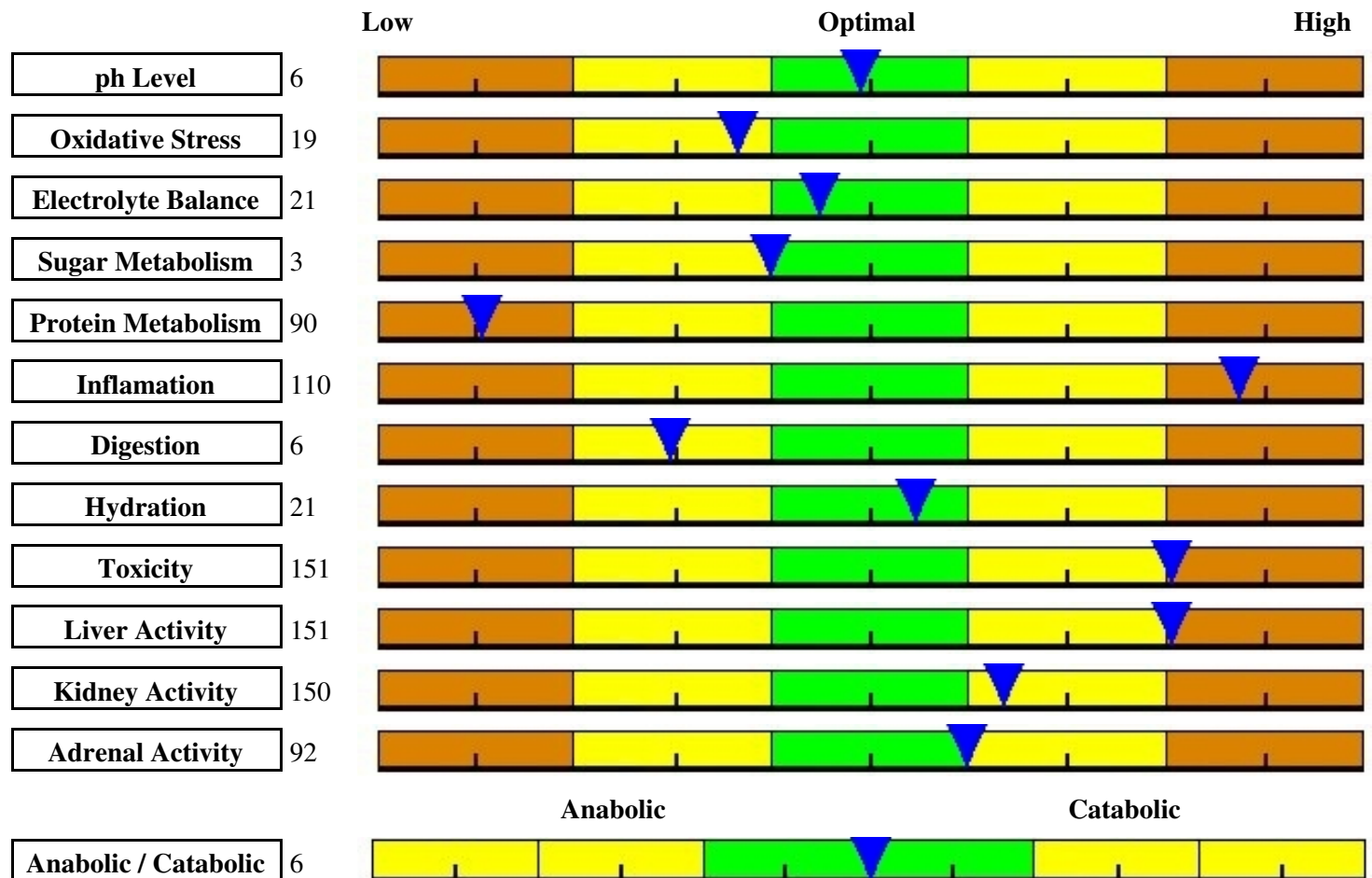
City/State/Zip: , Alaska

Print Date: 02/05/2007 09:37 PM

Phone:

Patient Results

		pH	ORP	mEq.	Nitr.	Amm.	Brix
Saliva	Value	6.45	18.52	21.02	110		
	Optimum	6.4-6.5	19-25	18-30	24-44		
Urine	Value	6.4	18.52	92.04		90	3
	Optimum	6.3-6.5	20-26	68-92		225-345	3-5





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<b>Patient Instructions</b>
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Your protein intake appears to be insufficient.

Consume more meat, fish, chicken and eggs in your diet. Use two servings of Bio Trim per day. Take one Bio-Gest per meal. The balance between carbohydrate, protein and fat in your diet is extremely important. Calories from protein and carbohydrate should be about the same and calories from fat should be about 25% of the total. Too much protein can lead to excessive production of bilirubin, ammonia, urea and uric acid in the liver which can be toxic if maintained for excessive periods of time. Too much carbohydrate can lead to excessive weight gain, high blood sugar levels and problems with yeast infections. Excess carbohydrate is stored as fat.

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Your inflammation index is very high. High levels of nitrates can cause higher levels of inflammation in the muscles and joints and can lead to symptoms of fibromyalgia. Research has shown that high ammonia, nitrates and nitrogen oxides can also trigger multiple chemical sensitivities. We recommend that you take four Bio-EPA and four Ginger Caps per day.

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Your cellular toxicity is high.

Water fasts and colon cleanses are helpful. Use Bio-Health 4 times daily and three Pure Magnesium tablets at bedtime. Toxicity is a result of several factors: poor liver metabolism, electrolyte deficiencies, and abnormal pH. This condition corrects itself when the other biological indicators are corrected. Dietary protein reduction, adequate hydration, liver detoxification and pH control are important. Continued high levels of toxicity can lead to organ damage, tiredness, inflammation and impaired immunity.

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Your liver stress appears to be very high.

Use two Liver Complex capsules per meal.

The liver is one of the most important organs of the body. All digestion by-products are passed through the liver which detoxifies the chemicals and plant toxins in our foods. The liver is also the chief factory for making many of the structural components of our body and also the storage depot for extra carbohydrate which can be released when blood sugar drops below normal. For optimum health the liver must be operating at optimum capacity.

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