

Practitioner: ned

Technician: ned



Patient Name: Ned Jensen

Test Date: 07/06/2005

Address:

Test ID: 46

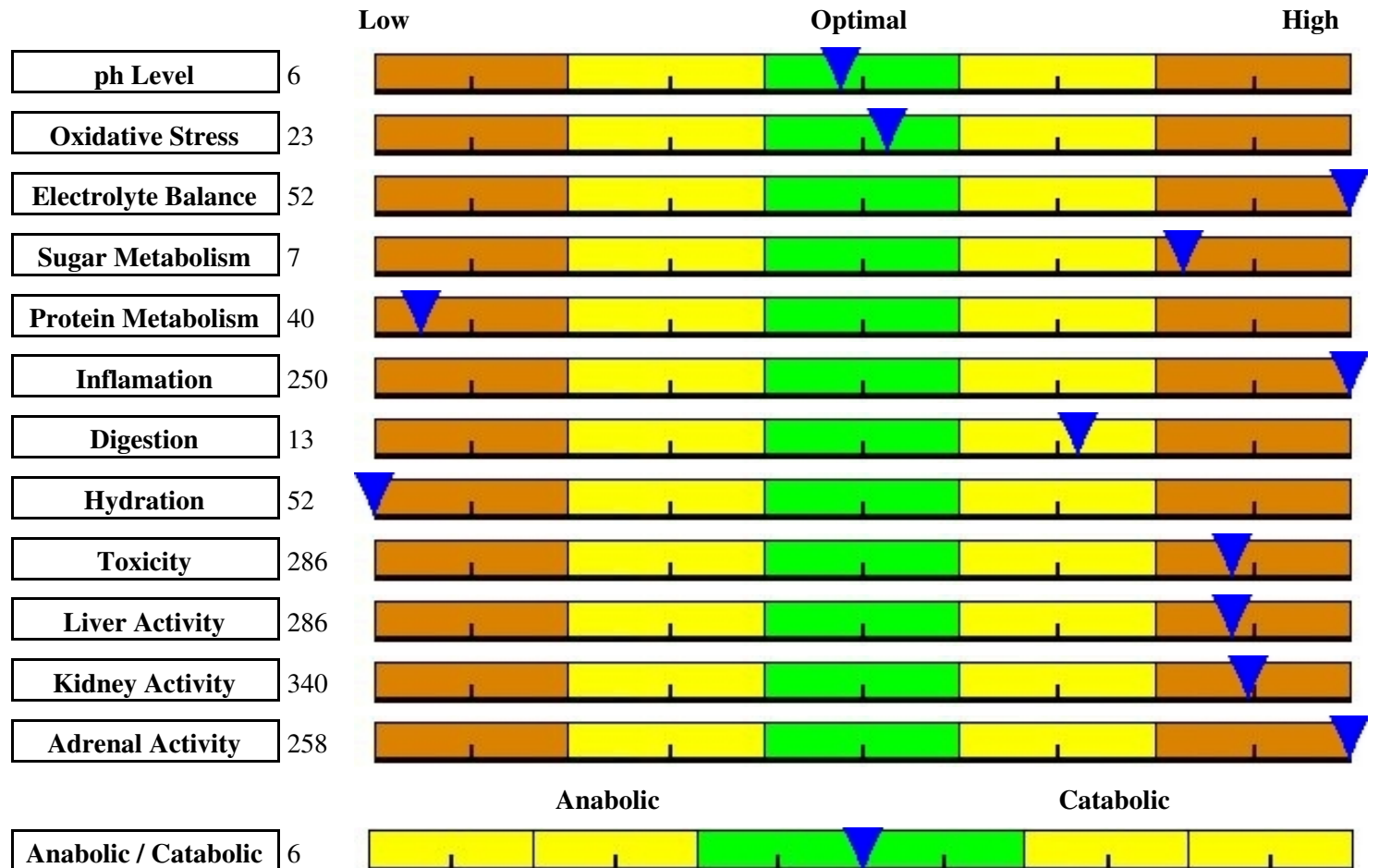
City/State/Zip: , Alaska

Print Date: 02/05/2007 09:35 PM

Phone:

Patient Results

		pH	ORP	mEq.	Nitr.	Amm.	Brix
Saliva	Value	6.4	22.82	51.53	250		
	Optimum	6.4-6.5	19-25	18-30	24-44		
Urine	Value	6.4	22.82	257.65		40	7.3
	Optimum	6.3-6.5	20-26	68-92		225-345	3-5





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Patient Instructions

Your electrolyte levels are higher than normal.

Consume less salt and drink more purified water.

Two extra glasses of distilled water per meal . Electrolytes are essential for every reaction in the body. Electrolytes help the brain, kidneys and nerves function, muscles contract, the heart beat, and stabilize all cell membranes. By maintaining the charge(Zeta potential) on blood cell membranes, electrolytes improve circulation and reduce blood pressure. Without electrolytes all cells would disintegrate and die. Electrolytes improve stamina, athletic performance and increase energy.

Your sugar level is very high.

Consult with your physician for further testing.

Take two tablets of Pure Chromium per meal. Carbohydrates or glucose is essential for energy in all cellular reactions. It is extremely important that the blood sugar be maintained within a very narrow range (70–120 mg%). When it is low it can lead to low energy, malaise, convulsions and coma. When it is too high the symptoms can be agitation, diaphoresis, convulsions and coma. High sugar levels over a long period of time can lead to blindness due to macular and retinal damage, diabetic ulcers, organ failure and leg amputations. If symptoms appear talk to your doctor.

Your protein intake appears to be insufficient.

Consume more meat, fish, chicken and eggs in your diet. Use two servings of Bio Trim per day. Take one Bio–Gest per meal. The balance between carbohydrate, protein and fat in your diet is extremely important. Calories from protein and carbohydrate should be about the same and calories from fat should be about 25% of the total. Too much protein can lead to excessive production of bilirubin, ammonia, urea and uric acid in the liver which can be toxic if maintained for excessive periods of time. Too much carbohydrate can lead to excessive weight gain, high blood sugar levels and problems with yeast infections. Excess carbohydrate is stored as fat.

Your inflammation index is very high. High levels of nitrates can cause higher levels of inflammation in the muscles and joints and can lead to symptoms of fibromyalgia. Research has shown that high ammonia, nitrates and nitrogen oxides can also trigger multiple chemical sensitivities. We recommend that you take four Bio–EPA and four Ginger Caps per day.
